

HOT FOR YOGA

30-Day Challenge Sign Up

Congratulations on deciding to embark on the Hot For Yoga 30 Day Challenge! It's a great commitment to yourself and the health of your body, mind and spirit.

Please fill out the following information and turn it in at the front desk to get started!

NAME: _____

STARTING DATE: _____

CHALLENGE: _____

Upon completion, you will receive the following rewards for your efforts!

- ❖ Drawing for one free month of yoga (drawings done Jan 1 and July 1)
- ❖ 10% off your next full price package or merchandise
- ❖ 1 guest pass to introduce a friend to Hot For Yoga
- ❖ Your name listed on our website

Student Signature

Studio Manager Signature
